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Editor's Desk

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The care of skilled nurses in the Neonatal Intensive Care Unit (NICU), where fragile lives are in their hands, requires ethical practice to be a priority. Ethical practice is a moral imperative that goes beyond professional obligations. The delicate nature of their work necessitates ethical determination by playing a crucial role in securing the well-being, dignity, and rights of newborns and their families.

Newborns in the NICU are the most vulnerable patients, as they cannot express their needs or concerns. So, nurses must act collaboratively, including all the aspects of care, and provide holistic care to the newborn, keeping all the ethical principles in mind. The decisions made by the nurses while caring for the newborn must be based on the newborn's best interest and within ethical boundaries.

Ethical complexity arises in the neonatal intensive care unit (NICU) as newborns are unable to make decisions on their own (Autonomy), which allows third parties, including doctors, nurses, and their parents, to make decisions on their behalf. Nurses need to start identifying and addressing the ethical challenges in neonatal medicine in a structured and significant manner if we are to be ready to tackle the future's challenges.

In Conclusion, by upholding ethical standards, neonatal nurses protect the rights and dignity of their vulnerable patients while building trust with families and promoting a culture of excellence in neonatal care. The responsibility is significant, but the rewards are equally substantial: providing delicate newborns with the best possible beginning to life.

With regards.

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