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## **Editorial**

# **Transdisciplinary Research**

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The meaning of the word "translational" (which comes from the Latin for "carrying over") refers to the "translation" of fundamental scientific discoveries made in a laboratory setting into viable remedies for disease.

Nursing translational research aims to provide more pertinent, useful findings that directly improve human health. 1.2 With the long term goal of enhancing public health, translational research promotes the mu tidirectional integration of basic research, patient focused research, and population-based research. A two-way process involving the multidisciplinary integration of population based, basic, clinical, practise, and policy-based nursing research. Translational research seeks to swiftly translate scientific knowledge for the benefit of patients and society. Therapeutics, medical equipment, tools, nursing care for disease diagnosis, and avenues for community engagement research are the focus of translational research.

### 1. Translational Research Stages

Development, testing, institutionalisation, and evaluation are the first three stages.

# 1.1. Translational research phases

1. T0: Preclinical and animal investigations in basic science

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New techniques for prevention, treatment, and diagnostics in

- 2. T1 Translation to Human
- 3. T2 Translation to patient Controlled research that results in quality healthcare
- 4. T3: Community Translation; Genuine Social Benefit

Although the concept of translational research in healthcare is well-known, nurse-led translational research is a new field of multidisciplinary nursing research. <sup>3–6</sup>

# 2. Transdisciplinary Research in Nursing Practises: Nature

Nurse scientists may conduct interdisciplinary, transdisciplinary, or multidisciplinary nursing translational research. can work together with any scientist from any field to get the results they want.

#### 2.1. Multidisciplinary

Scientists from many disciplines and backgrounds work together to perform research, and the chief investigator is a nurse scientist. <sup>7,8</sup>

#### 2.2. Interdisciplinary

Group of researchers who work together on issues that span nursing sciences fields

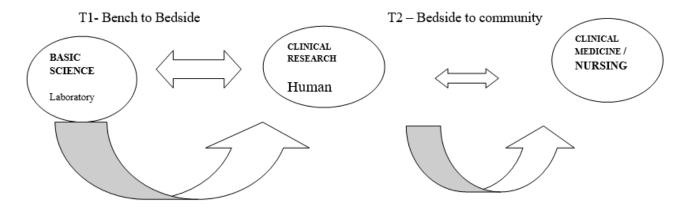


Fig. 1:

# 2.3. Transdisciplinary

Studies conducted in collaboration across disciplines that share data, expand scientific methods, and bring together researchers from many fields to advance research towards a common scientific aim.

# 3. Area of Nursing Translational Research

specialties, such as Numerous nursing palliative care, infectious disease control and prevention, noncommunicable disease prevention, geriatric and paediatric cardiovascular nursing, nursing, population-based challenges in community health nursing, and many others, require translational research in nursing. Nursing professionals can take part in interdisciplinary research projects with translational designs. In their research careers, nurses can advance from research nurses to transdisciplinary nurse scientists. They can receive scholarships if they take part in cross-disciplinary research projects. The first step on the road to this career advancement is becoming a Research Nurse, which requires a minimum B.Sc. in nursing, and leads to becoming a Nurse Scientist, which requires a PhD and post-doctoral degree. Building a bridge to connect the research laboratory is the plan. 9-11

#### 4. Conflict of Interest

None.

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