



## Short Communication

## Case of hypertrophic obstructive cardiomyopathy with rhino-orbito cerebral mucormycosis - Difficult airway as anaesthetic challenge

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## ARTICLE INFO

## Article history:

Received 27-04-2022

Accepted 14-05-2022

Available online 13-08-2022

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Hypertrophic obstructive cardiomyopathy (HOCM) is an inherited genetic cardiovascular disorder. Although patients are asymptomatic invariably but anaesthesia and surgical stress can lead to exacerbation of symptoms due to hemodynamic changes. Our case is of a successful anaesthetic management in a 50 year old male of rhino-orbito cerebral mucormycosis (ROCM) with HOCM scheduled for left side maxillectomy and exentration of left eye.

Chest radiograph revealed moderate cardiac enlargement. Electrocardiogram displayed, inverted T waves (V4-V6) and S-T segment depression in leads V4-V6 (Figure 1). Echocardiography revealed severe left ventricular wall hypertrophy with outflow tract gradient of 60 mmHg at rest, increase with valsalva maneuver, EF 55-65%, mild mitral regurgitation, systolic anterior motion of mitral valve. Airway examination revealed mouth opening of 2 fingers with mallampatti score of 4.

Preoperative optimization was done with tablet metoprolol 25mg bd and atorvastatin 10 mg HS. In the operating room standard monitoring was instituted. Defibrillation pads were applied in anteroposterior position. Right radial artery was cannulated and invasive blood pressure monitoring started. Fresh gas flow (FGF) of 10 litres /minute (l/min) with 100% oxygen in Sevoflurane

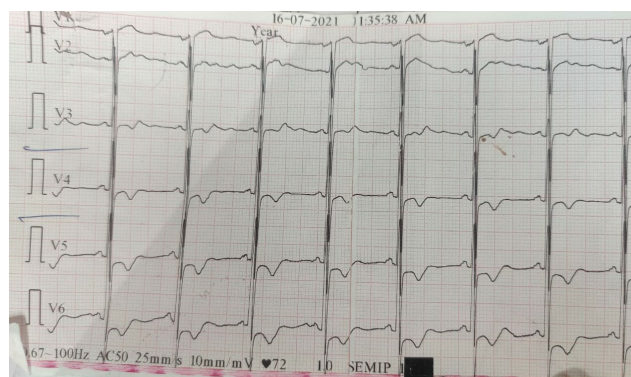


Fig. 1: Preoperative echocardiogram

and maintained to MAC of 1. Inj Xylocard 60 mg i/v was given for pressor response attenuation, 90 seconds before intubation. Trachea was intubated in a single attempt by king vision laryngoscope. Mechanical ventilator was set to achieve normocarbida. Central Venous pressure guided fluids were given to avoid hemodynamic changes in systemic vascular resistance and heart rate.

The intra-operative course was uneventful and Inj xylocard was given 90 sec before tracheal extubation. Post extubation, the hemodynamic parameters were within normal limits.(Figure 2)

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Fig. 2: Intraoperative vitals

Diastolic dysfunction in HOCM makes the myocardium sensitive to changes in volume, systemic vascular resistance and contractility.<sup>1</sup> In our patient, fluid management was guided by serial trends in CVP similarly described in a case report of HOCM scheduled for thoracotomy.<sup>2</sup> Hypotensive episodes in the intraoperative period need to be managed with careful volume replacement and vasoconstrictors like phenylephrine and norepinephrine.<sup>2,3</sup>

The American College of Cardiology Foundation guidelines advocate that avoidance of vasodilatation and hypotension are important in the asymptomatic patient with resting or provokable left ventricular outflow tract obstruction, similar to our case.<sup>4</sup> Poliac et al<sup>5</sup> in a commentary of hypertrophic cardiomyopathy advocates invasive monitoring for blood pressure and LV filling pressures in HOCM patients undergoing noncardiac surgery. An arterial line before induction to recognize hypotensive events, allowing therapeutic interventions to be instituted in a timely fashion was similarly followed in our case too.

Systolic anterior motion of mitral valve (SAM) in patients with dynamic left ventricular outflow tract obstruction like our case of HOCM is worsened by hypotension, hypovolemia and factors leading to a hyperdynamic circulation. Under anaesthesia SAM can be identified by trans-oesophageal echocardiography (TOE) and left ventricular function can also be assessed. This fact has been highlighted by detection of SAM by TOE in case of refractory hypotension.<sup>6</sup> Although we did not have the facility of TOE at our facility which is a limitation, hypotension was treated with bolus of phenylephrine.

Our patient had an anticipated difficult intubation with limited mouth opening hence the King vision video laryngoscope was used to minimize the laryngoscopy and

intubation time and pressor response which could have been detrimental in this case.

Major catastrophic complications including myocardial infarction, severe hypotension and malignant ventricular arrhythmias predispose patients of HOCM to morbidity and mortality under anaesthesia. Hence prompt recognition, hemodynamic stability, incident free intubation and extubation are of prime importance in management of HOCM. Video-laryngoscopes are a revolutionary addition to the difficult airway cart of an anesthesiologist making scenarios like this safe, convenient and reliable even in emergency procedures.

### Conflict of Interest

None.

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**Cite this article:** Gualabani M, Gupta V, Meena S, Saxena AK. Case of hypertrophic obstructive cardiomyopathy with rhino-orbito cerebral mucormycosis - Difficult airway as anaesthetic challenge. *Indian J Clin Anaesth* 2022;9(3):407-408.