

## Review Article

### Constitution in Homoeopathy: A Review

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#### ABSTRACT

As per homoeopathy constitution as physical and mental makeup of an individual which includes physical built, the desires and aversion and also emotional and intellectual attributes. All men's diseases originate in his constitution, it is necessary that his constitution should be known if we wish to know his disease. The term constitution comes from latin word constituere the word constitution means to set up ,to establish to form ,to appoint,to give being too constitution is a person's physical and mental make-up which is revealed through his/her physical built , characteristic desire ,aversion and reaction as well as emotions and intellectual attributes . Constitution is the sum total of result of the the influence of early environment on hereditary characteristics.

**Keywords:** Constituere,Miasmatic background, Level of susceptibility



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#### INTRODUCTION

The term constitution emphasizes physical structure as well as biological function, comprising inherited qualities modified by the environment. Every person is born with a certain part of organization which is determined by genes and environmental influences. During intrauterine life, embryo is liable to receive effect of physical and emotional factors on mother. All these effects attributes during this stage of life. After nine months of intrauterine life it comes out with certain attributes and enters the world which has altogether different environment all this effect and new environment will have a great impact on his constitution. As child grows, it comes across different environment factors it develops certain positive and negative attributes which become a part of it's behavioral pattern. Thus constitution is sum total of result of influence of early environment on hereditary characteristics.

While case taking physician must look for person's physical make up, built, desires, aversions, characteristics of his discharges and elimination, thermal rection mental attributes – emotional intellectual reaction concomitants, in female menstruation pregnancy an menopausal

symptoms.

For constitutional prescription –

In homoeopathic system of medicine is based on

- Totality of symptoms
- Level of susceptibility
- Miasmatic background
- Administration of constitutional medicine during acute stage of disease might prove hazardous

In acute stage of diseases acute medicine should be selected on acute totality.

Constitutional medicine should be prescribed only after acute crisis.

Selection of constitutional remedy is basis of following factors:

- Early environment
- Temperament an appearance
- Response to heat, cold change of weather an seasons

#### CONCLUSION

As per homoeopathic system of medicine homoeopathic physician must study constitution of patient in his opd while in acute case he should give acute medicine on basis of acute totality, on other hand while dealing with chronic illness constitutional remedy is useful. A correct

constitutional remedy is preventive against all infections

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