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### **Short Communication**

# $13^{th}$ Biennial International Congress of Orthopaedic Rheumatology (ICOR-IORACON – 2022, Kolkata; $17^{th}$ – $19^{th}$ June, 2022); Academic report update

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#### ABSTRACT

13<sup>th</sup> Biennial International Congress of Orthopaedic Rheumatology (ICOR), was organized for the first time in 'City of Joy' by Indian Orthopaedic Rheumatology Association (IORA) under the aegis of WBOA in association with ESI-PGIMSR, ESIC Medical College, Joka Kolkata from 17<sup>th</sup> – 19<sup>th</sup> June 2022. The main Conference was organized from 18<sup>th</sup> – 19<sup>th</sup> June 2022 in Bishwa Bangla Convention Centre (The biggest convention Centre of India). Apart from the main conference, there were 8 Preconference workshops, conducted in two Premier Medical Institutions of Kolkata on different topics on 17<sup>th</sup> June 2022. Hallmark of entire Conference was lively interactive discussions amongst delegates. Academic Report Update of Pre-conference workshops & Main conference are highlighted in this Short Communication

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### 1. Introduction

The theme of the conference was "Surgical Ortho-Rheumatology"

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The main Conference was organized from  $18^{th} - 19^{th}$  June 2022 in Bishwa Bangla Convention Centre (The biggest convention Centre of India). This was conducted as per the module sent by IORA Executive Committee. This includes Oration(s), Faculty Lectures, Panel discussions, Award Session, Free papers, Quiz and many more. Apart

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from the main conference, Pre-conference Workshop(s), were included for the first time in IORACON. There were 8 Preconference workshops, conducted in two Premier Medical Institutions of Kolkata on different topics on 17<sup>th</sup> June 2022. Out of 8 workshops, 4 were in ESIC Medical College, Joka Kolkata and remaining 4 were in IPGMER & SSKM Hospital Kolkata. Hallmark of entire Conference was lively interactive discussions amongst delegates. Academic Report Update of Pre-conference workshops & Main conference are highlighted here.

## 2. Academic Report Update: Pre-conference Workshop held at ESI-PGIMSR, ESIC Medical College, Joka Kolkata

The workshop was conducted at ESI-PGIMSR, ESIC Medical College & Hospital, Joka, Kolkata on  $17^{th}$  June 2022. It was attended by > 50 delegates and > 10 National

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/ Guest Faculties also our own eminent local faculties from Kolkata (Refer Program Brochure). <sup>1</sup>

The workshop started with Scientific session. The first session started at 9:30am and was on 'Rheumatoid: General Concept & Scoring' in which > 5 topics were covered with case demonstration after each lecture. Prof. Porashar Ghosh (Rheumatologist) & Faculties from Medicine & Paediatrics were the key faculties for this session. The Second session was on 'AVN of Femoral Head'. In this session, 5 lectures were delivered followed by live Surgical demonstration of 'Adult live cultured osteoblast for AVN of Femoral Head'. Live surgery was conducted in Operation theatre by Prof. Manish Khanna, Prof. Alok C. Agrawal, Prof. Sanjay Keshkar and Dr. Sutanu Hazra. Live surgery was relayed to Auditorium for all the delegates where it was moderated by Dr. Swarnendu Samanta, Dr. Gaurav Gupta and Dr. Nasim Akhtar.

After the Live Surgical workshop there was formal inaugural session at 12:00 noon. This session was graced by Dean, ESIC Medical College, Joka, Kolkata (Prof. Nalini Arora), Medical Superintendent (Dr. Anindita Guha) & other dignitaries & guests (Prof. S. S. Jha, Prof. Manish Khanna, Prof. Subir Mukherjee, Prof. D.P. Bhushan, Prof. Dilip Mazumder, Dr. Anjan Dutta, Dr. A.N. Mukherjee, Dr. Swarnendu Samanta, Dr. Partha Sarthi Sarkar, Dr. Sanjay Keshkar). All the dignitaries and Guests (On the Dias as well as Off the Dias) were welcomed by Floral Bukey and then protocol followed from opening remark to the vote of thanks. This session ended with National Anthem followed by Lunch.

Post Lunch session had talks related to 'Viscosupplementation & other Injections for Arthritic Knee' and 'PMR in Ortho-Rheumatology' followed by two 'Hands on Workshops; One was on 'Hands on Injection Technique (Knee)' and other was on 'Shaw Bone Demonstration of Surgery (Adult live cultured osteoblast for AVN of Femoral Head)'. All the participants enjoyed the 'Hands on workshop' and interacted well with Faculties as depicted in photographs [Figure 1].

The workshop ended at 4:30pm with valedictory function followed by High Tea. The entire workshop was appreciated by all the delegates, faculties & other dignitaries of the Workshop.

### 3. Academic Report Update of Pre-conference Workshop held at IPGMER & SSKM Hospital, Kolkata

The workshop was conducted at IPGMER & SSKM Hospital, Kolkata on  $17^{th}$  June 2022. It was attended by > 50 delegates, 6 National / Guest Faculties, and also our own eminent local faculties from Kolkata (Refer Program Brochure). There were 4 workshops divided for two groups (A & B) in two different Stations / Halls. Participants of 'Group A' attended Workshop 1 & 2 and participants of 'Group B' attended 'Workshop 3 & 4'.

Workshop 1 & 2 (Group A): The first workshop started at 10:00 am and was on 'Rheumatoid Shoulder & Elbow' in which 3 lectures followed by Case based discussion and then demonstration of various shoulder & Elbow prosthesis were done. This workshop ended at 12:30pm. Prof. A.K. Pal was the Chief Convener and Dr. Arnab Karmakar was the Convener.

The Second Workshop was on 'Rheumatoid Hand & Wrist'. This workshop was kind of Symposium where 15 lectures were delivered by eminent Hand Surgeons namely Dr. Pankaj Jindal (Pune), Dr. Kiran Sasi (CMC Vallore), Dr. Warid Altaf (Pune), Dr. Ravi Bhardwaj & Dr. Anirban Chatterjee (Kolkata) with video demonstration of various surgeries. There was lively interaction amongst Delegate with Faculties. Workshop ended at 5:00pm. Dr. Ravi Bhardwaj was the Chief Convener and Dr. Arnab Karmakar was the Convener.

Workshop 3 & 4 (Group B): The third workshop started at 10:00 am and was on 'Rheumatoid Hip & Knee' in which 5 lectures followed by Case based / Panel discussion and then there was Hands on; Shaw Bone demonstration of TKR & THR. The workshop was conducted by eminent faculties from Kolkata (namely Dr. B.D. Chatterjee, Dr. Rajiv Chatterjee, Dr. K.K. Pal, Dr. Rakesh Rajput, Dr. Debashish Chakraborty, Dr. R.S. Gaheer, Dr. Saumitro Mishra, Dr. Sunit Hazra & Dr. Manoj Khemani). Prof. Mukul Bhattacharya was the Chief Convener and Dr. Arnab Karmakar was the Convener. Participants enjoyed the workshop which ended at 12:30pm.

The fourth Workshop was on 'Rheumatoid Spine (cervical spine+ Lateral mass)'. This workshop had 3 Faculty Lectures, 3 Surgical interactive lectures and one panel discussion followed by Hands on; Shaw Bone demonstration of 'Lateral mass fixation'. For this workshop, we had 2 eminent National Faculties (Spine Surgeons) namely Dr. Jitendra Rout (Odisha) and Dr. Sudhir Kumar (Ranchi). Apart from this, we had our own Spine Surgeons from Kolkata namely Dr. Dinesh Jaiswal, Dr. Anandya Basu, Dr. Partha Sarkar, Dr. Saikat Sarkar and Dr. Susmit Naskar. Dr. Dinesh Jaiswal was the Chief Convener and Dr. Arnab Karmakar was the Convener. Participants appreciated the workshop which ended at 4:30pm.

It may be noted that there was formal inauguration of workshop in presence of Director of IPGMER and Dignitaries of IORA in afternoon followed by lunch.

# 4. Academic Report Update of ICOR – IORACON – 2022, held at Bishwa Bangla Convention Centre, Kolkata

The main Conference of  $13^{th}$  Biennial International Congress of Orthopaedic Rheumatology (ICOR) was organized from  $18^{th} - 19^{th}$  June 2022 in Bishwa Bangla Convention Centre (The biggest convention Centre of India). This was conducted as per the module sent by IORA

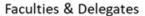






# Glimpse of Inauguration of Pre-conference workshop







Live Surgical Workshop at ESIC Joka



Faculty Dinner

Fig. 1: Glimpse of Pre-con. Workshop of IORACON-2022 at ESIC Medical College, Joka, Kolkata

Executive Committee. This includes Oration(s), Faculty Lectures, Panel discussions, Award Session, Free papers, Quiz and many more.

It was attended by > 170 delegates, > 30 National / Guest Faculties and > 30 local faculties from Kolkata. Apart from this, we had 7 Eminent International Faculties (connected Online) in this Conference.

### 4.1. Day 1 of the Conference – 18th June 2022

There were 18 Scientific Sessions in two days (Faculty Lecture Sessions – 10, IORA Oration – 1, Invited Guest Lecture Session – 1, Debate Session – 1, IORA Gold Medal Session for Fellows – 1, IORA Gold Medal Session for PG – 1, Free Paper Session – 1, E-Poster Session – 1, Ortho-Rheumatology Quiz – 1). Apart from these Scientific Sessions, we had Grand Inauguration, EC Meeting, GB Meeting and Valedictory Sessions. <sup>1</sup>

Inaugural Session: The Conference was inaugurated by Chief Guest, Prof. Suhrita Paul (Honourable VC, WBUHS) in presence of all the dignitaries of IORA & WBOA. Dr. A.N. Mukherjee (The Org. Chairman, IORACON – 2022) welcomed all delegates / Faculties & Guests. All the dignitaries of IORA & WBOA ('On the Dias' as well as "Off the Dias') were honoured by Floral buckey / Uttario (Saal) as depicted in photographs [Figure 2]. Inaugural session ended with National Anthem.

This year 'IORA Oration' was delivered by our senior member Prof. Subir Mukherjee (Ex, DME, Raipur, Chhattisgarh). He was Honoured by Saal & Orator Certificate by IORA Dignitarirs (Emeritus President, President & General Secretary).

Key note lectures by International Speakers on 'Online Mode was introduced for the first time in IORACON. This was highly interactive and fruitful to participants. ISCSG (Indian Stem Cell Study Group) Session was chaired by Prof. Alok C. Agrawal (President, ISCSG) and conducted well with 6 innovative lectures by eminent Faculties. FEIORA Session was chaired by Prof. Manish Khanna (Emeritus President, IORA). Prof. Dilip Mazumder (President, IORA) and Dr. Shantanu Lahkar (Gen. Secretary, IORA). In this session, Fellowship report was presented by Dr. Rameshwar Gupta followed by distribution of Certificate to 2<sup>nd</sup> Batch of FEIORA. Dr. Rameshwar Gupta was awarded as Best FEIORA of this Batch. Dr. Ayaz Mir was declared Gold Medal Certificate winner of IORACON - 2019 (Jammu) and same will be given to him in next IORACON at Varanasi. The Day 1 program of Conference ended with GBM which was followed by Gala Dinner. Glimpse of various moments of conference are depicted in photographs [Figure 3].

### 4.2. Day 2 of the Conference- 19th June, 2022

The Scientific program started with 'Prof H K Raza Memorial session' which was included for the first time in IORACON. The subsequent Pre-Lunch sessions were on 'Metabolic disorders, Spondyloarthropathy, and Crystalarthropathy. All the sessions had eminent Faculties to cover the topics.









Fig. 2: ICOR-IORACON-2022-Kolkata; Inauguration & Felicitation of Patrons, Guests & Faculties



Award to IORA Fellow



Delegates in Hall



Certificate to IORA Fellow



Award to IORA Fellow



Visit to Trade Area



Dinner time Fun and many more..

Fig. 3: 3: Glimpse of various moments of conference

Post Lunch Session was very attractive started with 'Session for Other Allied Subspecialty / Association' which includes three sub-sessions (WOC Session represented by Dr. Satish Goyal and Dr. Arindam Banerjee, IOA Session represented by Dr. D.P. Bhushan, SOS Session represented by Dr. Sanjay Keshkar). All of them showed the activities of respective associations and attracted IORA for collaborative work. This was highly appreciated by IOAR Members and Office bearer.

Then comes very attractive and charming session i.e. Gold Medal Paper Sessions which included 'IORA Gold Medal (IORA Fellows / Members (<40 yr.)' and PG Gold Medal Paper'. Both the sessions had quality research papers by Fellows / PGs. Dr. N. Arul Kumar presented his original research paper on 'Regenerative procedure for Chondral defect' and got the Gold Medal amongst Fellows. The PG Gold Medal was shared by Dr. Soham Ghosh (ESIC Joka, Kolkata) and Dr. Washim Sardar (IPGMER, Kolkata) as both had good paper with equal marks.

E- Poster Session (introduced for the first time in IORACON) by Junior Members and PGTs were highly encouraging and appreciated well. Judges decided, rather than giving Best Poster Certificate to one, all should be given 'Appreciable E-Poster Certificate'. Quiz was also conducted but due to lack of time it was winded up early.

Valedictory Function: Dignitaries of IORA & Org. Committee were on Dias and started the Valedictory. All the members (IORA Dignitaries, Senior IORA Members, Delegates, Fellows and PGTs) appreciated the proceedings of conference and Hospitality. Dr. A.N. Mukherjee (Org. Chairman) honoured the persons who provided logistics (Mr. Raj Kumar for Audio-visual support, Mr. Avinash Jaiswal for Trave, Accommodation & Food, All the trade partners for their support). He also appreciated the hard work of Office Bearers (Ms Kakoli & Mr. Prosanjit). After his remarkable deliberation, there was changing of Guard (The outgoing President of IORA; Prof. Dilip Mazumder

handed over the Guard let to incoming President of IORA; Dr. Shantanu Lahkar). This was very emotional but exciting moment for all the members. Every one congratulated the incoming President. At the end; Org. Secretaries (Prof. Sanjay Keshkar & Prof. Partha Sarthi Sarkar) offered vote of thanks. The Entire Megaevent (ICOR – IORACON – 2022, Kolkata) came to an end with National Anthem.

### 5. Contributions of Authors

- 1. Prof. (Dr.) Sanjay Keshkar: Author was the Organizing Secretary of ICOR-IORACON, 2022 and prepared the Academic report update with selected photograph.
- Prof. (Dr.) Manish Khanna: Being Advisor, Founder IORA, Supervised and approved the Academic report update.

### 6. Conflict of Interest

Both the authors declared that there is no conflict of interest.

### References

1. Available from: https://www.orthopaedicrheumatology.com/ [Last visited on 25th June, 2022].

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