An Overview of 34th International Orthopaedic Conference 2021 Pakistan.

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The Pakistan Orthopedic Association(POA) and Aga Khan University Hospital has the honor and pleasure to host the 34th international Orthopaedic conference 2021 which is to be held on 11th to 14th November 2021 in Pearl continental hotel Karachi Pakistan. The theme of the conference is "**Aging gracefully**". We invite you not only to actively participate in an extraordinary scientific meeting but to meet friends and connect with other Orthopedic surgeons as well.

It is our aim to allow as many Orthopedic surgeons as possible to report their scientific and clinical experience. At the same time we want to bring together all the various disciplines of Orthopedic surgery from all parts of the country. All main topics of Orthopedic surgery will be included into the scientific program.

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COVID-19 outbreak has severely hampered life everywhere since March 2020. Situation across the globe is still highly fluctuating and unpredictable. International travels are markedly limited. All the restrictions and uncertainty in life cast insurmountable hurdles to many planned including our annual Orthopaedic events, conference (Pak OrthoCon). Nevertheless, Orthopedic Surgeons all shared a noble common spirit: NEVER GIVE UP! With this spirit on and backed up by the strong tradition stemmed since, we decide to make the Pak OrthoCon 2021 a hvbrid meeting!

The whole Scientific Program is divided in four sessions over two days. The 4 sessions will be State of Art (Int.), How I do it, Debate and Free papers. November 13th 2021 (Saturday) will be dedicated to super specialty (each with full day program) conducted by moderators of super specialty. Notable inclusions are segments like How I do it and Debates. All Orthopedic surgeons around the homeland were invited to volunteer the video recording of their favorite procedures. The overwhelming response was very encouraging. We will also invite overseas experts

to share their favourite procedures with audience through the pre-recorded videos.

The Scientific Committee of 34th International Pak is very thankful to the editorial board Journal of Pakistan Orthopaedic Association (JPOA) for publishing this Special OrthoCon issue of JPOA which contains full text articles whose abstracts were submitted to the Scientific Committee for presentations in OrthoCon 2021. I am sure that this academic service by JPOA will encourage Orthopaedic trainees and young consultants across the country to take keen interest in research and publication.

I hope you will find OrthoCon 2021 innovative and exciting. Conventional wisdom always holds true: Whenever this is a crisis, there is an opportunity. We strongly believe that this special conference will be as good as our traditional OrthoCon, if not better. Please join us and you will agree with me. Be curious! We are certain that it will be an unforgettable event. See you in Karachi.

With best regards