

Integrated procedure with *Partial-fistulectomy* and *Ksharasutra* application in the management of complicated fistula in ano-Clinical video

Manisha kapadiya^{1*} Bijendra Shah ²

1 MS (Ayu) Scholar, Department of Shalya Tantra, Institute for Post Graduate Teaching and Research in Ayurveda (IPGT&RA), Gujarat Ayurved University, Jamnagar, Gujarat, Pin-361008, India, ²Teaching Assistant, Department of Shalya Tantra, Ayurveda Campus, Tribhuvan University, Kirtipur, Kathmandu, A.P.O. - 44618, Nepal

Abstract

Ksharasutra (Para surgical procedure using a thread treated by alkalies) is being practiced in Indian system of medicine since ancient time for management of ano-rectal disorders; particularly for *Bhagandara* (fistula in ano), and generally difficult to treat. *Bhagandara* (Fistula-in-ano) is treated by different modalities in modern science, but till today no single modality has proved to be complete cure for *Bhagandara* (Fistula-in-ano). Not only complete cure, but serious post-operative complications like faecal incontinence, high recurrence rate. An appropriate answer for the management is a unique specialized para surgical procedure *ksharasutra* therapy which is well accepted and WHO approved. A case of 30-year male patient visited having complaints of swelling in left perianal and pus discharging sinus near anus since last one and half years. He was diagnosed as complicated fistula-in ano with two openings. Under spinal anaesthesia partial fistulectomy with *ksharasutra* ligation was done and post-operative daily sitz bath with *Panchavalkala* kwatha twice a day advice, daily dressing was done with jatyadi oil and apamarga *kshara* sutra changed every week. After 6 weeks, cut through of the track patient was followed up after 1 year. No sign and symptoms of recurrence were observed.

Key words: *Bhagandara*, Fistula in ano, Partial-fistulectomy, *Ksharasutra*

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***CORRESPONDING AUTHOR:**

Manisha kapadiya

MS (Ayu) Scholar, Department of Shalya Tantra, IPGT & RA, Gujarat Ayurved University, Jamnagar, Gujarat, India

Email: manisha.kapadiya15@gmail.com

Mobile: +919974047713



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