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Relationship between Community Medicine and Homoeopathy

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Abstract- Today we are going to discuss the “Relationship of Community Medicine in Homoeopathy”. Community medicine deals with every aspect of a community. It is well said that a healthy community makes a healthy nation. Now it is essential to know what the Relationship of Community Medicine in Homoeopathy.

Key word – Community, Community Medicine, Homoeopathy, Vaccination.

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Introduction-

The term Community Medicine deals with the health issues of a community. It is synonymous with the term Preventive and Social Medicine. Its emphasis on the promotion of health and prevention of disease in a defined community. Community Medicine includes the environmental, biological, social and psychological issues of a community.

In Homoeopathy, Dr. Hahnemann says:-

§4 “He is likewise the preserver of health if he knows about the things that derange health, causes disease and how to remove them from persons in health”.

In this, he has explained that a physician should have a sound knowledge of the factors for eg. Personal hygiene, nutrition, occupational hazards, diet, and regime. This helps to give the proper advice along with the similimum medicine.

§5 Useful to the physician in assisting him to cure are the particulars of the most probable exciting cause of the acute disease, as also the most significant points in the whole history of the chronic disease, to enable him to discover the fundamental cause, which is generally due to a chronic miasm. In these investigations, the ascertainable physical constitution of the

patient (especially when the disease is chronic), his moral and intellectual character, his occupation, mode of living and habits, his social and domestic relation, his age, sexual function are to be taken into consideration.

To treat the patient proper knowledge of community medicine is necessary. The Relationship of Community Medicine in Homoeopathy is described under the following headings:

Health status: The knowledge of community medicine intended to improve the general health and well- being of a community. It includes-

- Nutrition.
- Individual and community hygiene.
- Lifestyle changes.
- Health education.

Immunization: It refers to inducing immunity against any specific disease. It includes:
-Protection against fatal diseases.
-Avoidance of allergens.

-Intake of proper nutrients to avoid deficiency diseases.

In Homoeopathy, Hahnemann was also the first physician to emphasise the value of preventative medicine, long before vaccines came into existence. He was the first too to formulate the idea that a person attending on a small pox patient acquired lifelong immunity

against the illness. Not many people would, however, know that Hahnemann was the first physician ever to prepare *Hydrophobinum*, a homeopathic medicine, made from the saliva of a rabid dog to treat hydrophobia — a condition caused by the bite of a mad dog. The illness presents itself with a pathological fear of water. He was, in other words, the first medical pioneer to think of ‘immunisation,’ when Louis Pasteur, the founder of vaccination, was only eight years old.

For long, homeopaths have successfully used *Anthraxinum* for anthrax, *Pertussin* for whooping cough, *Diphtherinum* for diphtheria and Belladonnain Scarlet fever

In epidemic condition, Genus epidemicus can be selected.

Protection against occupational hazards: Occupational hazards are the injury or ailments experience in a certain occupation. One should be aware of the harmful effects of his workplace. Example- silicosis in miners, pneumoconiosis in coal workers

Current status of community: Community medicine gives a knowledge of the current status of disease condition prevailing in the country. It helps the physician to select a similimum homoeopathic medicine. It keeps the physician updated with the indicators of the health.

Diagnosis of disease: In the condition of slight alteration and tissue changes, there is a need to make a proper diagnosis. Community medicine serves with the widespread knowledge of the disease their causation and their preventive measures.

Treatment: For the proper treatment of the disease, a physician requires proper knowledge of the fundamental and exciting causes of the disease. Community medicine helps the physician in early diagnosis and proper treatment to avoid complication. For the

restoration of the health, the most similimum is given after proper case taking.

Management of disease: In the case of disability, gross deformities, and major tissue changes, there is needs to manage the case. By the knowledge of community medicine physician can manage the case in the most appropriate manner.

Rehabilitation : Rehabilitation means to restore to the original state. The knowledge of the progress of the disease condition enables us to know various homoeopathic approaches.

Conclusion-

Community medicine widens the knowledge of the physician and keeps him updated with the current status of the community as well as the prevailing disease condition in the community. Proper health education helps in the restoration of health. Now we can say, there is a great “Relationship of Community Medicine in Homoeopathy”.

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