



In vitro anti-oxidant and anti-carcinogenic properties of *Calotropis gigantea* (L.) R. Br. in its methanolic stem extracts

Jim Thomas

Department of Biotechnology,
Muthayammal College of Arts and
Science, Rasipuram, Tamil Nadu

M. Suresh Kumar

Department of Zoology,
Muthayammal College of Arts and
Science, Rasipuram, Tamil Nadu

T. Selvan Kumar

Department of Biotechnology,
Mahendra College of Arts and
Science, Namakkal, Tamil Nadu

ABSTRACT

Medicinal plants have been an important part in the healthcare management using traditional medicine. They have contributed to the generation of novel drugs and in the treatment of various diseases. Cellular damage caused by reactive oxygen species (ROS) has been implicated in several diseases. Cancer is a major public health burden in both developed and developing countries. Anticancer activity is the effect of natural and synthetic or biological and chemical agents to reverse, suppress or prevent carcinogenic progression. Several synthetic agents are used to cure the disease but they have their toxicity and hence the research is going on to investigate the plant derived chemotherapeutic agents. Natural antioxidants have significant importance in human health. *Calotropis gigantea*, a medicinal plant has been reported to possess different therapeutic properties. In the present study, *in vitro* antioxidant status and anti carcinogenic properties of *C. gigantea* were analysed using most commonly accepted assays that is reducing power assay and DPPH assay. The *in vitro* cytotoxic activity of *C. gigantea* extract using the MTT assay against MCF-7 and PC-3 cell lines.

Keywords: *Calotropis gigantea*, *in vitro* antioxidant activity, *in vitro* cytotoxic activity, cell lines, MTT assay

INTRODUCTION

Medicinal plants have known to play an important role in health care. Plant based drugs or formulations are mainly used in Ayurveda for treating various human ailments because they contain the components of therapeutic value (WHO, 1993). Since ages, medicinal plants have been used by human beings for their therapeutic potential and this has led to the discovery of novel drugs against varied diseases. World Health Organization (WHO) has stated that more than 80% of the world's population depend on traditional medicine for their primary healthcare needs (Pierangeli *et al.*, 2009). Higher plants continue to play an important role as sources of bioactive compounds for the maintenance of human health. Reports state that plants are a reservoir of effective chemotherapeutants, which are non-phytotoxic, more systemic and easily biodegradable (Vyas, 1999; Kaushik *et al.*, 2002; Chaman Lal and Verma, 2006).

Nevertheless, free radicals can also be damaging because of their reaction with various biological molecules namely lipids, proteins and deoxyribonucleic acids resulting in the imbalance between oxidants and antioxidants. Although the body is protected by natural antioxidants, there is always a requirement of antioxidants from natural sources (Rimbach *et al.*, 2005). Phenolic compounds possess strong antioxidant activity and protect the cells against the free-radicals induced oxidative damage (Kahkonen *et al.*, 1999). They are also known as radical scavengers, metal chelators, reducing agents,

hydrogen donors, and singlet oxygen quenchers (Proestos *et al.*, 2006).

Antioxidants are those compounds which terminate the attack of free radicals and thereby reduce the risk of oxidative stress disorders (Rice-Evans *et al.*, 1996). They possess free radical chain reaction breaking properties. Enzymes such as super-oxide dismutase, catalase and antioxidant compounds viz. ascorbic acid, tocopherol, phenolic acids, polyphenols, flavonoids and glutathione protect organisms from oxidative stress. Antioxidative defence mechanisms are the most effective path to eliminate and diminish the action of free radicals which cause the oxidative stress. Plants have antioxidant activities that can be helpful in reducing such free radical induced tissue injury (Kanatt *et al.*, 2007).

Cancer is a group of diseases which are characterized by uncontrolled growth and spread of abnormal cells, which if not controlled, can result in death. They are characterized by abnormal multiplication of cells. They are the second cause of mortality after cardiovascular diseases in developed countries and the third after infectious and cardiovascular diseases in developing countries (Bieche, 2004; Mbaveng *et al.*, 2011).

Calotropis gigantea (L.)R.Br. are glabrous or hoary, lactiferous shrubs or small trees, about 3-4 m tall commonly known as the swallow-wort or milkweed. Its stems are erect, up to 20 cm in diameter. The leaves are broadly elliptical to oblong obviate in shape, with the size of 9-20 cm x 6-12.5 cm but subsessile. The cymes are 5-12.5 cm in diameter. The inflorescence stalk is between 5-12 cm long, the stalk of an individual flower is 2.5-4 cm long. Sepal lobes are broadly egg shaped with a size of 4-6 mm x 2-3 mm. Petal is 2.5-4 cm in diameter. In the present study, the *in vitro* antioxidant and cytotoxic activity of the *C. gigantea* methanolic stem extract were studied using the MTT assay against MCF-7 and PC-3 DLA.

Materials and Methods

Sample Preparation

Healthy parts of stem were shade dried and powdered from samples of *C. gigantea* (L.) R.Br. collected from Namakkal District, Tamil Nadu. Methanolic solvent stem extract was prepared using Soxhlet extraction method. The process was carried out overnight to obtain the necessary extract which was concentrated

using a rotary evaporator and stored at 4°C for further use.

Reducing Power Assay

A method developed by Oyaizu, 1986 for reducing power test was used. The above sample including extract together with Ascorbic acid solutions were spiked with 2.5ml of phosphate buffer (0.2 M, pH 6.6) and 2.5ml of 1% potassium ferricyanide. The mixture was then kept in a 50°C water-bath for 20min. The resulting solution was then cooled rapidly, spiked with 2.5ml of 10% trichloroacetic acid, and centrifuged at 3000rpm for 10 min. The supernatant (5ml) was then mixed with 5ml of distilled water and 1ml of 0.1% ferric chloride. The absorbance at 700nm was then detected after reaction for 10min. The higher the absorbance represents the stronger the reducing power. The reducing power assay was expressed in terms of Ascorbic acid equivalent per gram of dry weight basis.

DPPH Activity

DPPH radical scavenging activity was carried out by the method of Molyneux (2004). To 1.0 ml of 100.0 µM DPPH solution in methanol, equal volume of the sample in methanol of different concentration was added and incubated in dark for 30 minutes. The change in coloration was observed in terms of absorbance using a spectrophotometer at 514 nm. 1.0 ml of methanol instead of test sample was added to the control tube. The different concentration of ascorbic acid was used as reference compound. Percentage of inhibition was calculated from the equation $[(\text{Absorbance of control} - \text{Absorbance of test}) / \text{Absorbance of control}] \times 100$. IC₅₀ value was calculated using Graph pad prism 5.0.

MTT Assay

Cell Lines and Culture Medium

MCF-7 (Human, Breast cancer) & PC – 3 (Human prostate cancer cell line) cell cultures were procured from National Centre for Cell Sciences (NCCS), Pune, India. Stock cells were cultured in Dulbecco's modified Eagle's medium (DMEM). Medium was supplemented with 10% inactivated Fetal Bovine Serum (FBS), penicillin (100 IU/ml), streptomycin (100 [g/ml) and amphotericin B (5 [g/ml) in an humidified atmosphere of 5% CO₂ at 37°C until confluent. The cells were dissociated with TPVG solution (0.2% trypsin, 0.02% EDTA, 0.05% glucose

in PBS). The stock cultures were grown in 25 cm² culture flasks and all experiments were carried out in 96 microtitre plates (Tarsons India Pvt. Ltd., Kolkata, India).

Preparation of Test Solutions

For cytotoxicity studies, each weighed test drugs were separately dissolved in distilled DMSO and volume was made up with DMEM supplemented with 2% inactivated FBS to obtain a stock solution of 1 mg/ml concentration and sterilized by filtration. Serially two fold dilutions were prepared from this for carrying out cytotoxic studies.

Determination of Cell Viability by MTT Assays

The monolayer cell culture was trypsinized and the cell count was adjusted to 1.0 x 10⁵ cells/ml using medium containing 10% FBS and were used for the determination of cell viability by MTT assays as described by Francis and Rita (1986) respectively. The absorbance was measured using a microplate reader at a wavelength of 540 nm. The percentage growth inhibition was calculated using the following formula and concentration of test drug needed to inhibit cell growth by 50% (CTC₅₀) values is generated from the dose-response curves for each cell line.

$$\% \text{ Growth inhibition} = 100 - \frac{\text{Mean OD of individual test group}}{\text{Mean OD of control group}} \times 100$$

Results and discussion

In vitro antioxidant activity

There is increasing evidence that antioxidants may be useful in preventing the deleterious consequences of oxidative stress and there is increasing interest in the protective biochemical functions of natural antioxidants contained in spices, herbs and medicinal plants (Osawa, 1994; Noda *et al.*, 1997).

Reducing power Assay

There are several other mechanisms by which antioxidants can act. One of them is by scavenging of reactive oxygen and nitrogen free radicals. There are many different experimental methods by which the free radical scavenging activity can be estimated. One such method, by which total free radical scavenging can be evaluated, is by determining their efficiency to scavenge DPPH radicals. This method is based on the reduction of DPPH, a stable free radical and any molecule that can donate an electron or hydrogen to DPPH can react with it and thereby bleach the DPPH absorption. Because of its odd electron, DPPH gives a strong absorption maximum at 514nm by visible spectroscopy (purple colour). As the odd electron of the radical becomes paired off in the presence of a hydrogen donor, that is, a free radical scavenging antioxidant, the absorption strength is decreased and the resulting decolorization is stoichiometric with respect to the number of electrons captured (Bliss, 1958) therefore when the *C. gigantea* methanol extract were tested for the DPPH free radical scavenging ability, the methanolic extract of *C.*

gigantea at showed strong radical scavenging activity with Inhibition percentage of 196.38 µg/ml (Table 2, Fig. 1). Whereas the reducing power assay shows the inhibition percentage as 505.14 µg/ml (Table 1, Fig. 1).

In vitro anticancer activity

In this study, the cytotoxicity of the cell lines used was found to be increasing with increasing extract concentration. There was a reduction in viability i.e., 16% and 27% in the case of PC3 and MCF7 cell lines respectively. This result was in hand with the previous reports. In spite of the development in the cancer therapies, the mortality rate associated with cancer has always stayed high. Thus, with regard to the present scenario and the toxic side effects associated with the available treatments, there is a need for alternative methods which have higher efficacy and lesser toxic side effects. Plants are considered as the best substitute and many have been evaluated in order to discover novel, potential anticarcinogenic compounds with no toxic effects (Gullett *et al.*, 2010; Shah *et al.*, 2013). Two main strategies adopted for the selection of plants species used in anticarcinogenic drug discovery are random screening and ethno medicinal knowledge. The second approach is the use of plants of traditional medical systems like herbalism and folklore (Pieters and Vlietnick, 2005). The cell lines obtained from tumors help to investigate tumor cells in a simplified and controlled environment (Makari *et al.*, 2008). In the cancer drug discovery program, instead of mass screening of plant species, methods based on ethnobotanical and ethnopharmacological

data would be more economical and beneficial for identifying potential anticancer molecules (Merghoub *et al.*, 2009). Investigating the cellular growth control mechanisms have helped to understand carcinogenesis and to identify compounds with specific antitumor

activities. Therefore, important preliminary data are provided by cytotoxicity screening models which help to select plant extracts with potential antitumor properties for future studies (Cardellina *et al.*, 1999).

Tables and Figures

Concentration	OD Value	% IC ₅₀	IC ₅₀
50	0.193	32.19	505.14
100	0.198	35.61	
250	0.218	49.31	
750	0.225	59.10	
1000	0.237	62.32	

Table 1 : Reducing power Assay

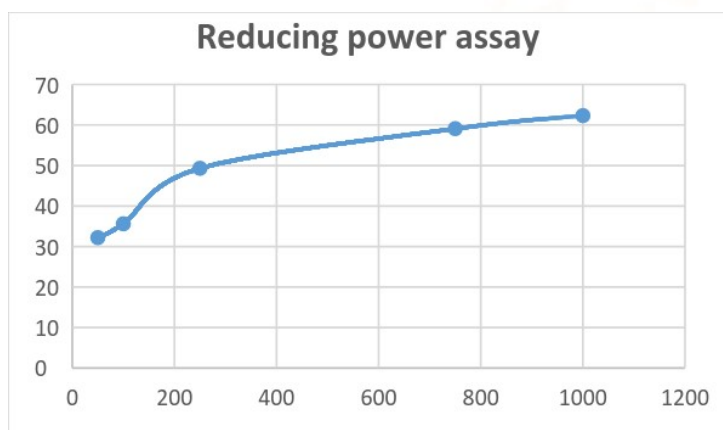


Figure 1: RP Assay of antioxidant activity of *C.gigantea* methanolic stem extract – graph

Concentration	OD Value	% IC ₅₀	IC ₅₀
50	0.189	40.00	196.38
100	0.192	42.20	
250	0.217	60.74	
750	0.219	62.22	
1000	0.225	66.66	

Table 2 : DPPH Assay

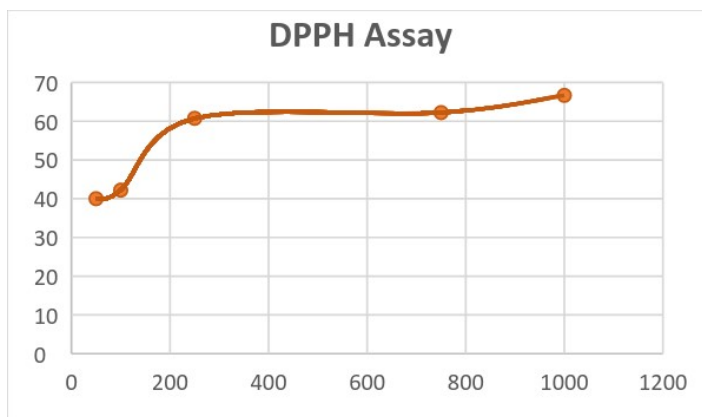


Figure 2: DPPH Assay of antioxidant activity of *C.gigantea* methanolic stem extract – graph

Concentration	OD Value	%CTC ₅₀	CTC ₅₀	Cell Viability
Control	0.573	-	375.04	-
50	0.373	34.90		65.10
250	0.328	42.76		57.24
500	0.254	55.67		44.33
750	0.186	67.53		32.47
1000	0.095	83.42		16.58

Table.3 Anti tumor activity of *C.gigantea* methanolic stem extract against PC3cell line

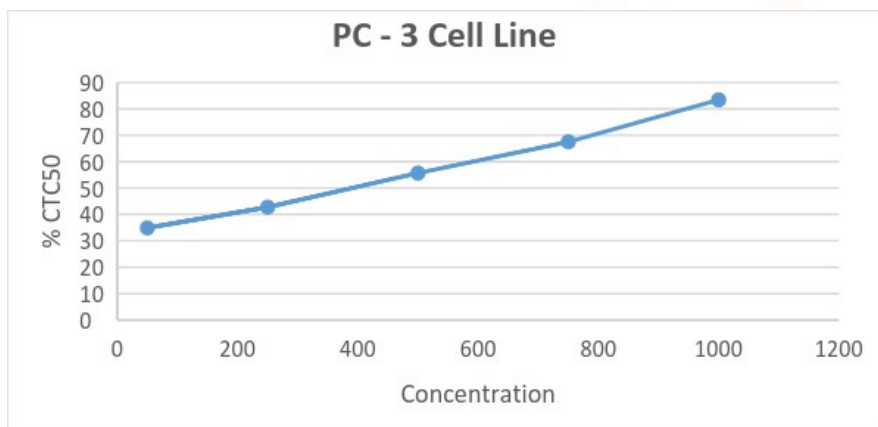


Figure 3: Anti tumor activity of *C.gigantea* methanolic stem extract against PC cell lines - graph

Concentration	OD Value	%CTC ₅₀	CTC ₅₀	Cell Viability
Control	0.573	-	598.17	-
50	0.461	19.54		80.46
250	0.377	34.20		65.80
500	0.301	47.46		52.54
750	0.268	53.22		46.78
1000	0.157	72.60		27.40

Table.4 Anti tumor activity of *C.gigantea* methanolic stem extract against MCF7 cell lines

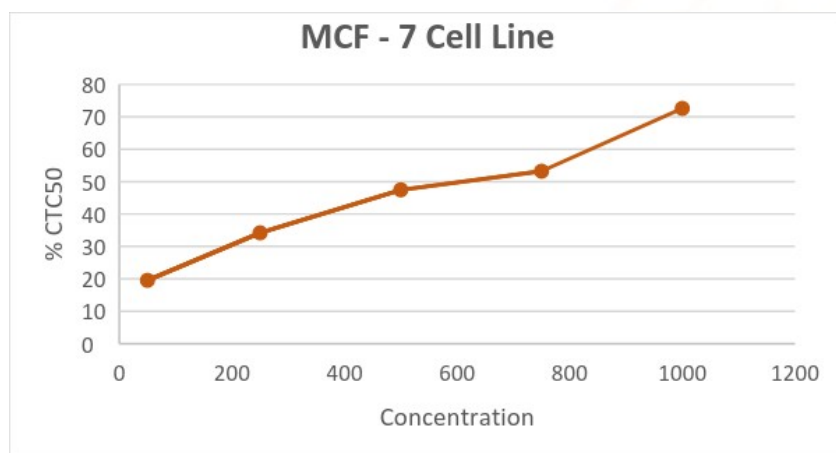


Figure 3: Anti tumor activity of *C.gigantea* methanolic stem extract against PC cell lines - graph

Conclusion

The methanolic extract of *C. gigantea* was found as an effective antioxidant agent with free reducing activity as well as DPPH activity. The extract exhibited a significant antitumor activity against the cell lines tested. There was a reduction of viability to 16% and 27% in case of Cell line PC3 and MCF7 respectively.

References:

- 1) Blios MS. Antioxidant Determinations by the Use of a Stable Free Radical. Nature 1958; 181: 1199-1200.
- 2) C. Proestos, I.S. Boziaris, G.J.E. Nychas, M. Komaitis. Analysis of flavonoids and phenolic acids in Greek aromatic plants: investigation of their antioxidant capacity and antimicrobial activity Food Chem., 95 (2006), pp. 664-671.
- 3) Cardellina, J.H., Fuller, R.W., Gamble, W.R., Westergaard, C., Boswell, J., Munro, M.H.G., Currens, M. Boyd, M.P. (1999). Evolving strategies for the selection de-replication and prioritization of antitumor and HIV inhibitory natural products extracts. (Eds. Bohlin, L. and Bruhn, J.G.) Bioassay Methods in Natural Product Research and Development, Kluwer Academic Publishers, Dordrecht, p.25-36.
- 4) Chaman Lal and Verma LR: Use of certain bio-products for insect-pest control. Indian Journal of Traditional Knowledge 2006; 5(1): 79- 82.
- 5) Francis, D., & Rita, L. (1986). Rapid colorimetric assay for cell growth and survival modifications to the tetrazolium dye procedure giving improved sensitivity and reliability. Journal of Immunological Methods, 89, 271-277.

- 6) Gullett, N.P., et al. (2010) Cancer Prevention with Natural Compounds. *Seminars in Oncology*, 3, 258-281.
- 7) Kahkonen, M. P., Hopia, A. I., Vuorela, H. J., Rauha, J.-P., Pihlaja, K., Kujala, T. S., et al. (1999). Antioxidant activity of plant extracts containing phenolic compounds. *Journal of the Agricultural and Food Chemistry*, 47, 3954–3962.
- 8) Kanatt SR, Chander R and Sharma A, 2010. Antioxidant and antimicrobial activity of pomegranate peel extract improves the shelf life of chicken products. *International Journal of Food Science and Technology*, 45(2): 216–222.
- 9) Kaushik JC, Arya Sanjay, Tripathi NN, Arya S: Antifungal properties of some plant extracts against the damping off fungi of forest nurseries. *Indian Journal of Forestry* 2002; 25: 359-361.
- 10) Makari, H.K., Haraprasad, N., Patil, H.S. & Ravikumar, H. (2008). In Vitro Antioxidant Activity of the Hexane and Methanolic Extracts Of *Cordia Wallichii* And *Celastrus Paniculata*. *The internet J.Aesthetic and Antiaging Medicine.*, 1: 1- 10.
- 11) Merghoub, N., Laïla, B., Amzazi, S., Morjani, H., El mziabri, M. (2009). Cytotoxic effect of some Moroccan medicinal plant extracts on human cervical cell lines. *Journal of Medicinal Plants Research.*, 3:1045-1050.
- 12) Molyneux, P. The use of the stable free radical diphenylpicryl-hydrazyl (DPPH) for estimating antioxidant activity. *Songklanakarin J. Sci. Technol.* 2004, 26, 211–219.
- 13) Noda Y, Anzai-Kmori A, Kohono M, Shimnei M, Packer L. Hydroxyl and superoxide anion radical scavenging activities of natural source antioxidants using the computerized JES-FR30 ESR spectromoter system. *Biochem. Mol. Biol. Inter.* 1997; 42 : 35-44.
- 14) Osawa T. Postharvest biochemistry. In: Uritani I, Garcia VV, Mendoza, EM, editors. *Novel neutral antioxidant for utilization in food and biological systems*. Japan: Japan Scientific Societies Press; 1994. p. 241-251. 5.
- 15) Oyaizu, M. (1986). Studies on products of browning reactions: antioxidative activities of products of browning reaction prepared from glucosamine. *Japanese Journal of Nutrition*, 44, 307–315.
- 16) Pierangeli G, Vital G and Rivera W: Antimicrobial activity and cytotoxicity of *Chromolaena odorata* (L. f) King and Robinson and *Uncaria perrottetii* (A. Rich) Merr Extracts. *J. Medicinal Plants Res* 2009; 3(7): 511-518.
- 17) Pieters, L. Vlietnick, A.J. (2005). Bio-guided isolation of pharmacologically active plant components, still a valuable strategy for the finding of new lead compounds? *J. Ethnopharmacol.*, 100: 57-60.
- 18) Rice-Evans, C., Miller, N., & Paganga, G. (1997). Antioxidant properties of phenolic compounds. *Trends in Plant Science*, 2, 152–159.
- 19) Rimbach G, Fuchs J, Packer L (2005). Application of nutrigenomics tools to analyze the role of oxidants and antioxidants in gene expression. In: Rimbach G, Fuchs J, Packer L (eds.), *Nutrigenomics*, Taylor and Francis Boca Raton Publishers, FL, USA, pp. 1-12.
- 20) Shah BN, et al. (2013) Imp3 unfolds stem structures in pre-rRNA and U3 sno RNA to form a duplex essential for small subunit processing. *RNA* 19 (10):1372-83
- 21) Vyas GD: Soil Fertility Deterioration in Crop Land Due to Pesticide. *Journal of Indian Botanical Society* 1999; 78: 177- 178.